

General Resources:

Resources to help with coping with Coronavirus:

<https://childmind.org/coping-during-covid-19-resources-for-parents/>

Centervention has free resources – lessons, activities, and printables – in the following skill areas: Communication, Cooperation, Emotion Regulation, Empathy, Impulse Control, and Social Initiation. These resources are age-appropriate for elementary and middle school students and are typically used in a classroom or a small group setting. And in most cases, if materials are required for the activity, they are items that you already have in your classroom or office.

<https://www.centervention.com/social-emotional-learning-activities/>

<https://www.centervention.com/social-skills-resources-for-parents/>

Intervention Central provides teachers, schools and districts with free resources to help struggling learners and implement Response to Intervention and attain the Common Core State Standards.

<https://www.interventioncentral.org/behavioral-intervention-modification>

Center for Parent Information and Resources: Positive Behavior Supports

<https://www.parentcenterhub.org/pbs-resources/>

6 Tips to Reduce Your Child's Behavior Problems

<https://www.verywellfamily.com/top-behavior-management-tips-2162703>

Reinforcing small changes in your child's behavior

<https://www.greatschools.org/gk/articles/reinforcing-small-changes-in-your-childs-behavior/>

CDC Positive Parenting Tips for different ages

<https://www.cdc.gov/ncbddd/childdevelopment/positiveparenting/index.html>

For younger children

<https://www.cdc.gov/parents/essentials/overview.html>

For Teachers:

Currently offering free membership for teachers (Social Emotional Learning Curriculum)

<https://www.emotionalabcs.com/teachers/>

Focused Resources:

Preventative Teaching Steps Handout

Tips to Responding to Challenging Behavior Handout

Steps for Following Instructions Handout

Behavior Functions:

Function of Behavior Handouts

De-escalation Strategies:

De-escalations Strategies Handout

Giving Choices to Deescalate

- <https://www.pbisworld.com/tier-1/give-choices/>

Speaking calmly to deescalate

- <https://www.pbisworld.com/tier-1/use-calm-neutral-tone/>

Avoiding Power Struggles:

<https://www.pbisworld.com/tier-1/avoid-power-struggles/>

Praise:

Praise-Recognition Handout

Acknowledging Positive Behavior

- <https://www.pbisworld.com/tier-1/acknowledging-positive-behavior/>

Positive Praise

- <https://www.pbisworld.com/tier-1/positive-praise/>

Rewards/Reinforcement:

Effective-positive-rewards-steps Handout

Simple Reward System

- <https://www.pbisworld.com/tier-1/rewards-simple-reward-systems-incentives/>

How to Use Rewards

- <https://www.cdc.gov/parents/essentials/consequences/rewards.html>

Free and Low-Cost Reward Ideas for Kids

- <https://www.verywellfamily.com/free-and-low-cost-reward-ideas-for-kids-1094890>

51 Reward Ideas to Motivate and Inspire your Kids

- <https://habyts.com/51-reward-ideas-to-motivate-and-inspire-kids/>

Using Positive Reinforcement to Improve Behavior

- <https://www.verywellfamily.com/positive-reinforcement-child-behavior-1094889>

The Ultimate List of PBIS Incentives

- <https://www.pbisrewards.com/pbis-incentives/>

Catching Students/Kids Being Good:

<https://www.teachervision.com/catch-them-being-good-technique-handling-disruptive-behavior?page=2>

Consequences:

Clear, Consistent, And Predictable Consequences

- <https://www.pbisworld.com/tier-1/clear-consistent-predictable-consequences/>

Logical Consequences

- <http://csefel.vanderbilt.edu/briefs/handout18.pdf>

Tone of Voice:

Your Word Matter Handout

Speaking – Calm and Neutral Tone

- <https://www.pbisworld.com/tier-1/speak-in-calm-and-neutral-tone/>

Positive Language in the Classroom

- <https://www.weareteachers.com/positive-language-in-the-classroom/>

Ignoring:

Ignoring

- <https://www.pbisworld.com/tier-1/ignore/>

Attention Seeking Behavior/Ignoring

- <http://www.safeandcivilschools.com/news008.php>

Planned Ignoring/Extinction

- <https://www.verbalbeginnings.com/aba-blog/what-is-planned-ignoring-aba-examples-of-extinction-behavior/>

Planned Ignoring

- <https://raisingchildren.net.au/school-age/behaviour/behaviour-management-tips-tools/planned-ignoring>

Coping Skills/Social Skills/Mindfulness:

Mindfulness Exercises Powerpoint

Social Skills Worksheet Handout

101 Ways to Teach Children Social Skills Handout

Anxiety Coping Skills Handout

Guided Visualization Handout

Your Special Place Handout

Positive Statements Handout

Deep Breathing

Conflict Resolution

Praise-Recognition